



HATFIELD PEVEREL ST.ANDREW'S JUNIOR SCHOOL PSHE & RSE CURRICULUM KAPOW UPDATED 2025



In Year 3, children learn how to resolve relationship problems, about healthy lifestyles, how to create a budget, are introduced to children's rights and responsibilities. They also review how to call emergency services, first aid treatment for bites and stings, and learn how to identify unsafe digital content.



As part of our whole school focus on Oracy, in PSHE and RSE, much learning takes place through exploratory talk. This involves thinking aloud, discussing, questioning and collaboratively building ideas.



Children are exposed to a wide range of PSHE and RSE themes through Collective Worship and RE e.g. discussing inclusion in Collective Worship, developing tolerance and knowledge of difference in RE.

Class teachers assess PSHE through peer assessment and review, ongoing verbal feedback and summative assessment at the end of topics.

PSHE and RSE skills and knowledge are developed by..., generating ideas and using PSHE books that follow the children through the school.

Our Kapow supported PSHE and RSE curriculum is composed of 5 topics that are revisited each year in increasing depth. These are Families & Relationships; Health & Wellbeing; Economic Wellbeing; Citizenship; Safety & the Changing Body.



Our Outdoor Classroom provides opportunities for children to study PSHE in the natural world through teamwork, collaboration and negotiation.



Cross curricular opportunities to apply PSHE skills are woven into planning.

WHAT DOES PSHE & RSE LOOK LIKE?

In Year 5, the children explore bullying and what influences behaviour, they learn to take more responsibility for their own health. They learn about income and the risks of borrowing. They are introduced to the justice system and and explore physical body changes including menstruation.



The PSHE and RSE Subject Lead completes annual action plans and data analysis, which is reviewed by governors.



In Year 4 children learn that families are varied and differences must be respected. They develop emotional maturity. They explore what makes something good value for money, stereotypes in the workplace and career aspirations. They explore the role of groups within the local community and appreciate community diversity. They build awareness of online safety and benefits and risks of sharing information online.



In year 6, children explore negotiation and compromise, learn about oral health and immunisations, and explore the risks of gambling. They also learn about personal identity and body image, diversity and democracy, risks associated with alcohol, how to give first aid for choking, and in RSE they learn how a baby is conceived and develops.



Literacy skills are developed through PSHE and RSE subject specific vocabulary development and cross-curricular opportunities, e.g. Language Leaders rewarding use of key vocabulary, experience days, outings and extra-curricular activities.



Book looks, monitoring and learning walks are carried out by the PSHE and RSE Subject Lead, and link governor, and feedback is given.

