



ST. ANDREW'S PE CURRICULUM

PE CURRICULUM INTENT

At St. Andrew's all children engage in Physical Education (PE) and understand the importance of a healthy active lifestyle, through a broad range of sports and other physical activities.

Focus sports are informed by the National Curriculum and provide a wide range of opportunities to allow pupils to become confident sports people, shining and excelling in their own abilities in a variety of sports and other physically demanding activities. Through our PE lessons and links with the North West Essex School Sports Partnership pupils are provided with opportunities to compete in sport and other activities, which build character and help to embed our core Christian values.

The PE Curriculum contributes to the St. Andrew's Core Values:

Compassion: By working and competing in a group, children fulfil different roles within a team and learn to balance their own views with those of others, allowing for fair play and equal opportunities.

Achieve: Through practice, performance and teamwork children can gain a real sense of achievement. There are opportunities for children to compete within lessons, within the school community and within the wider locality.

Respect: Participating in a range of activities and sports encourages the children to respect commitment to a sport or team and respect that others may perform differently to themselves.

Enjoy: Children are able to gain enjoyment for a variety of sports through both participating and spectating.

PE CURRICULUM IMPLEMENTATION

CURRICULUM CONTENT & DELIVERY

At St. Andrew's, PE is taught twice a week, allowing pupils to be physically active for sustained periods of time, through a range of sports and physical activities throughout the year. Children can achieve depth in their learning of skills and have the opportunity to use these across similar sports. In addition to this, pupils take part in a daily mile session each afternoon.

Key knowledge areas and skills of each topic have been identified and consideration has been given to ensure progression across topics and year groups. The PE Curriculum is carefully planned and structured to ensure that current learning is linked to previous learning and allows for chances to implement in other areas of school life. These can be tracked in the PE Progression Document.

By the end of Year 6, children will have an understanding of a range of skills used and where they apply across a range of sports and physical activities, from participating and spectating to evaluating performances. Children will have developed their confidence, commitment and appreciation for a range of performances, identifying their own strengths and weaknesses and that of others.

EQUALITY FOR ALL

At St. Andrew's we recognise that children will have different needs in relation to physical education. In order to meet the needs of all learners, including disabled learners, those with SEN and children demonstrate skills at greater depth; we offer the following:

- Gym trail - gross motor skills;
- Inter-school competitions;
- Adapting equipment and environment in PE lessons.

CURRICULUM ENRICHMENT

In order to enrich our curriculum, we have a number of specialist coaches who support the delivery of weekly lessons and extra-curricular clubs. In addition to weekly lessons and clubs, children have opportunities for both inter and intra school competitions and tournaments. This provides them with extra opportunities to practise skills learnt, participate as part of a team, work with a range of other people, as well as gaining further experience in leading others within the team.

PE CURRICULUM IMPACT

The measure of this impact is to ensure that children at St. Andrew's are equipped with the skills and knowledge that will enable them to be ready for the curriculum at Key Stage 3 and for life as an adult in the wider world. We want the children to have developed a passion for sport, therefore encouraging them to undertake new life experiences now and in the future.

Class teachers are continually assessing throughout the lesson in order to provide instant feedback and enable success. This formative assessment allows the teacher to be responsive to the needs of the children and informs future planning. Children are encouraged to evaluate themselves and others and identify target areas, with support from their peers and class teacher.

Children are supported to make links between the key skills used in different sports, for example passing and dodging in invasive games. At the end of each unit of work, teachers make summative assessments determining whether the children are working towards, working at or at greater depth within this discipline.

